

# Praying at home when we cannot attend Mass

## **Introduction**

In the name of the Father, and of the Son and of the Holy Spirit. Amen

### ***As you light a candle pray:***

Lord Jesus you came as a light that shines in darkness and a light that darkness cannot overpower – enlighten our hearts and minds to your presence in our midst.

## **Act of Penance**

From the Mass text overleaf.

### **We pray...*(pause for Silent Prayer)***

Almighty and merciful God look with compassion on our concerns, and so lighten your children's burden and confirm our faith that we may always trust without hesitation in your fatherly providence.

Through our Lord Jesus Christ your Son, who lives and reigns with you in the unity of the Holy Spirit One God for ever and ever. Amen

## **Listening to God's Word**

Take a few moments to read the Scripture Readings from the bulletin.

### ***(Pause for a moment of silent reflection on the Gospel)***

## **Intercessions**

We bring our needs and prayers before our heavenly Father.

We pray for our world at this time

*(pause for silent prayer)*

Lord grant healing and comfort to those who are afflicted by the Coronavirus.

We pray all who work in our health care system, carers at home, and clergy who are working with those who are sick. *(pause)*

Lord protect them and strengthen them as they care in your name.

We pray for our civil leaders  
*(pause)*

Lord inspire them to make wise decisions in these days.

We pray for our scientists *(pause)*

Lord enlighten them as they work  
to understand what is  
happening – guide their work  
as they strive to find ways to  
treat and protect us.

We pray for those who are  
anxious in these days (*pause*)  
Lord ease their fears and grant  
them the consolation of your  
presence.

We pray for our families and  
friends – *name those you wish  
to pray for* - Lord protect and  
care for them.

We pray for a spirit of charity  
among our fellow citizens  
(*pause*)

Lord, at this time of national crisis,  
help the people of Ireland to  
be generous and to look out  
for and care for each other.

We pause to pray for our own  
private intentions – *name your  
intentions in silence*-  
Lord hear my prayer.

Father, we ask you to hear these  
our prayers and if it be your  
will to answer them for we  
make them in faith and trust,  
thorough Christ our Lord,  
Amen.

**The Lord's Prayer**      Our Father, ...

**Act of Spiritual Communion**      (*St Alphonsus de Liguori*)

My Jesus, I believe that you are present in the Most Holy Sacrament. I love  
you above all things, and I desire to receive you into my soul. Since I cannot  
at this moment receive you sacramentally, come at least spiritually into my  
heart. I embrace you as if you were already there and unite myself wholly to  
you. Never permit me to be separated from you.  
(*pause for silent prayer*)

O Sacrament Most Holy, O Sacrament Divine, all praise and thanksgiving be  
every moment thine!

### **Prayer of Blessing**

The Lord bless us and keep us;

The Lord make his face shine on us and be gracious to us;

The Lord turn his face toward us and give us his peace both now and forever.

Amen.

In the Name of the Father, and of the Son and of the Holy Spirit. Amen.

*Remember to extinguish the lighted candle*